

## Section 10 Contact Us

The Best Start Resource Centre is a key program of Health Nexus (Ontario's longstanding health promotion organization), and is funded by the Government of Ontario. It is a resource centre that supports service providers to implement effective health promotion strategies for expectant and new parents, newborns, and young children through consultation, knowledge exchange, resource development, networking and training in English and French.

For more information about the On Track guide, please contact the Best Start Resource Centre. We can be reached at:



Best Start Resource Centre  
c/o Health Nexus  
180 Dundas Street West, Suite 301  
Toronto, ON M5G 1Z8  
Phone: 1-800-397-9567 (toll free) 416-408-2249  
Fax: 416-408-2122

**Email:** [beststart@healthnexus.ca](mailto:beststart@healthnexus.ca)  
**Web address:** [www.beststart.org](http://www.beststart.org)